

## Harness Safety

UNIT STANDARD: 23229

### Outline

*The aim of this course is to enable a learner to inspect prior to use, correctly fit and use, a harness to enable them to work safely in a work at height situation.*

This course has been designed for:

-  Individuals working in industries and environments where workers are required to work at height. This would often be where a harness is used within another mechanical work at height mechanism such as an Mobile Elevated Work Platform (MEWP), forklift cage or a crane basket.
-  The training is essential for these roles to ensure a safe working environment and compliance with health and safety regulations.
-  Relevant roles include: industrial workers, safety officers and managers, Health + Safety personnel, supervisors, managers and compliance officers.

### Objectives

On successful completion, students will be able to:

-  Understand the different types of harnesses that can be used in a work at height situation.
-  Inspect a harness prior to use and record the results.
-  Understand how a harness fits into the “height safety triangle”.
-  Correctly fit a harness prior to use in a work at height situation.
-  Understand the importance of having an emergency plan should an unexpected situation arise.

 Inhouse Public Face to face

### ASSESSMENT:

This course has one assessment.

**DURATION:** ½ day  
**CLASS SIZE:** Maximum 14