

Comprehensive First Aid – Level 2

UNIT STANDARDS: 6400, 6401, 6402

Outline

This course equips you with the confidence and skills to provide essential first aid when it's needed most, including in complex, multi-patient emergencies.

You'll learn to assess and manage a wide range of conditions, such as shock, bleeding, burns, fractures, soft tissue injuries, poisonings, heart attacks, asthma, strokes, seizures, and diabetes. Additionally, you'll gain the ability to perform CPR, manage choking incidents, and recognise the warning signs of various medical conditions, ensuring you can provide critical assistance until the casualty recovers or emergency services take over.

This scenario-based course is designed to prepare you for real-world situations.

This course meets Ministry of Education guidelines for early childcare education.

This course has been designed for:

-  Workplace employees.
-  School staff and teachers.
-  Community volunteers.
-  Caregivers and parents.
-  General Public - anyone interested in learning basic first aid skills to be prepared for emergencies at home, in public, or in social settings.

Objectives

On successful completion, students will be able to:

-  Understand the Health and Safety at Work Act and regulations relating to injuries in the workplace.
-  Manage first aid in an emergency situation for multiple people.
-  Act as a first aid provider – personal safety and contacting emergency medical services.
-  Assess and manage sudden cardiac arrest and AED (Automated External Defibrillator) operation.
-  Approach an accident scene and carry out hazard management.
-  Assess and manage serious injuries – bleeding, shock, soft tissue injuries and wounds.
-  Assess and manage burns and poisoning.
-  Assess and manage sudden illness – stroke, diabetic emergencies, seizures, breathing difficulties and asthma.
-  Perform CPR – Adult, child and infant.

 Inhouse Face to face

ASSESSMENT:

This course has one assessment.

DURATION: 1 ½ days
CLASS SIZE: Maximum 15